

## BRAINWAVE ENTRAINMENT CONSIDERATIONS

### ANXIETY / AUTISM / PTSD

There may be those who may suffer from anxiety or stress for various reasons. Of special note are those who may suffer from anxiety/stress due to possibly unknown prolonged <gamma> or <beta> brainwave inducement since it is possible that radio waves and other sources (i.e. constant noises like a running fan, other electrical appliances, other external noises, etc.) can impact brainwaves, especially when someone may have an acute neural and/or acoustic sensitivity.

**Delta** brainwave entrainment is a possible treatment for some suffering from anxiety/stress of any kind.

As there is a correlation between anxiety and autism, there may be some hope in the area of autism as well, especially if radio waves and other external stimuli (i.e. auditory, photosensitivity, etc.) are contributing factors to the condition.

### DEPRESSION

**Delta** brainwave entrainment can induce a non-addictive euphoric feeling for some suffering from depression, especially for someone who may have an addiction to depressants like alcohol or psychoactive drugs.

### ADHD

**Gamma** or **Beta** brainwave entrainment might show hope for some suffering from ADHD and other related disorders.

## ALZHEIMER'S

Theta brainwave entrainment might show hope for some suffering from Alzheimer's disease and other related disorders.

## LOU GEHRIG'S

While not discussed in any detail here, it is a real possibility that brainwave technology can possibly be an aid for those suffering from Lou Gehrig's disease and other related disorders.

Brainwave entrainment & technology have limitless potential in the allied mental health field.

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